

# Mineral nutrition of dairy cows:

## Can you ever have too much of a good thing?

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# Getting mineral nutrition right

1. How much should we feed?
2. Are we feeding enough, or too much?
3. What is the effect of over or under-feeding?
4. What about mineral source?



# Minerals of most interest

hydrogen 1 <b>H</b> 1.0079																	helium 2 <b>He</b> 4.0026						
lithium 3 <b>Li</b> 6.941	beryllium 4 <b>Be</b> 9.0122																	boron 5 <b>B</b> 10.811	carbon 6 <b>C</b> 12.011	nitrogen 7 <b>N</b> 14.007	oxygen 8 <b>O</b> 15.999	fluorine 9 <b>F</b> 18.998	neon 10 <b>Ne</b> 20.180
sodium 11 <b>Na</b> 22.990	magnesium 12 <b>Mg</b> 24.305																	aluminium 13 <b>Al</b> 26.982	silicon 14 <b>Si</b> 28.086	phosphorus 15 <b>P</b> 30.974	sulfur 16 <b>S</b> 32.065	chlorine 17 <b>Cl</b> 35.453	argon 18 <b>Ar</b> 39.948
potassium 19 <b>K</b> 39.098	calcium 20 <b>Ca</b> 40.078	scandium 21 <b>Sc</b> 44.956	titanium 22 <b>Ti</b> 47.867	vanadium 23 <b>V</b> 50.942	chromium 24 <b>Cr</b> 51.996	manganese 25 <b>Mn</b> 54.938	iron 26 <b>Fe</b> 55.845	cobalt 27 <b>Co</b> 58.933	nickel 28 <b>Ni</b> 58.693	copper 29 <b>Cu</b> 63.546	zinc 30 <b>Zn</b> 65.39	gallium 31 <b>Ga</b> 69.723	germanium 32 <b>Ge</b> 72.61	arsenic 33 <b>As</b> 74.922	selenium 34 <b>Se</b> 78.96	bromine 35 <b>Br</b> 79.904	krypton 36 <b>Kr</b> 83.80						
rubidium 37 <b>Rb</b> 85.468	strontium 38 <b>Sr</b> 87.62	yttrium 39 <b>Y</b> 88.906	zirconium 40 <b>Zr</b> 91.224	niobium 41 <b>Nb</b> 92.906	molybdenum 42 <b>Mo</b> 95.94	technetium 43 <b>Tc</b> [98]	ruthenium 44 <b>Ru</b> 101.07	rhodium 45 <b>Rh</b> 102.91	palladium 46 <b>Pd</b> 106.42	silver 47 <b>Ag</b> 107.87	cadmium 48 <b>Cd</b> 112.41	indium 49 <b>In</b> 114.82	tin 50 <b>Sn</b> 118.71	antimony 51 <b>Sb</b> 121.76	tellurium 52 <b>Te</b> 127.60	iodine 53 <b>I</b> 126.90	xenon 54 <b>Xe</b> 131.29						
caesium 55 <b>Cs</b> 132.91	barium 56 <b>Ba</b> 137.33	57-70 *	lutetium 71 <b>Lu</b> 174.97	hafnium 72 <b>Hf</b> 178.49	tantalum 73 <b>Ta</b> 180.95	tungsten 74 <b>W</b> 183.84	rhenium 75 <b>Re</b> 186.21	osmium 76 <b>Os</b> 190.23	iridium 77 <b>Ir</b> 192.22	platinum 78 <b>Pt</b> 195.08	gold 79 <b>Au</b> 196.97	mercury 80 <b>Hg</b> 200.59	thallium 81 <b>Tl</b> 204.38	lead 82 <b>Pb</b> 207.2	bismuth 83 <b>Bi</b> 208.98	polonium 84 <b>Po</b> [209]	astatine 85 <b>At</b> [210]	radon 86 <b>Rn</b> [222]					
francium 87 <b>Fr</b> [223]	radium 88 <b>Ra</b> [226]	89-102 **	lawrencium 103 <b>Lr</b> [262]	rutherfordium 104 <b>Rf</b> [261]	dubnium 105 <b>Db</b> [262]	seaborgium 106 <b>Sg</b> [266]	bohrium 107 <b>Bh</b> [264]	hassium 108 <b>Hs</b> [269]	meitnerium 109 <b>Mt</b> [268]	ununnillium 110 <b>Uun</b> [271]	unununium 111 <b>Uuu</b> [272]	ununbium 112 <b>Uub</b> [277]	ununquadium 114 <b>Uuq</b> [289]										

**Key:**

element name
atomic number
<b>symbol</b>
atomic weight (mean relative mass)

\*lanthanoids

\*\*actinoids

lanthanum 57 <b>La</b> 138.91	cerium 58 <b>Ce</b> 140.12	praseodymium 59 <b>Pr</b> 140.91	neodymium 60 <b>Nd</b> 144.24	promethium 61 <b>Pm</b> [145]	samarium 62 <b>Sm</b> 150.36	europium 63 <b>Eu</b> 151.96	gadolinium 64 <b>Gd</b> 157.25	terbium 65 <b>Tb</b> 158.93	dysprosium 66 <b>Dy</b> 162.50	holmium 67 <b>Ho</b> 164.93	erbium 68 <b>Er</b> 167.26	thulium 69 <b>Tm</b> 168.93	ytterbium 70 <b>Yb</b> 173.04
actinium 89 <b>Ac</b> [227]	thorium 90 <b>Th</b> 232.04	protactinium 91 <b>Pa</b> 231.04	uranium 92 <b>U</b> 238.03	neptunium 93 <b>Np</b> [237]	plutonium 94 <b>Pu</b> [244]	americium 95 <b>Am</b> [243]	curium 96 <b>Cm</b> [247]	berkelium 97 <b>Bk</b> [247]	californium 98 <b>Cf</b> [251]	einsteinium 99 <b>Es</b> [252]	fermium 100 <b>Fm</b> [257]	mendelevium 101 <b>Md</b> [258]	nobelium 102 <b>No</b> [259]

## Minerals of most interest

### Major minerals (g/kg)

sodium 11 <b>Na</b> 22.990	magnesium 12 <b>Mg</b> 24.305	phosphorus 15 <b>P</b> 30.974	sulfur 16 <b>S</b> 32.065	chlorine 17 <b>Cl</b> 35.453
potassium 19 <b>K</b> 39.098	calcium 20 <b>Ca</b> 40.078			

### Trace minerals (mg/kg)

manganese 25 <b>Mn</b> 54.938	iron 26 <b>Fe</b> 55.845	cobalt 27 <b>Co</b> 58.933	copper 29 <b>Cu</b> 63.546	zinc 30 <b>Zn</b> 65.39	selenium 34 <b>Se</b> 78.96	iodine 53 <b>I</b> 126.90	molybdenum 42 <b>Mo</b> 95.94
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# How much minerals should be fed?

Requirements based on the net requirement for:

Maintenance

Lactation

Growth

Foetus

- Converted to a dietary requirement (per d or per kg DM) by an absorption co-efficient
- Coefficient is low for many minerals (e.g. 5% Cu, 20% Zn)

# How much minerals should be fed?

Requirements based on the net requirement for:

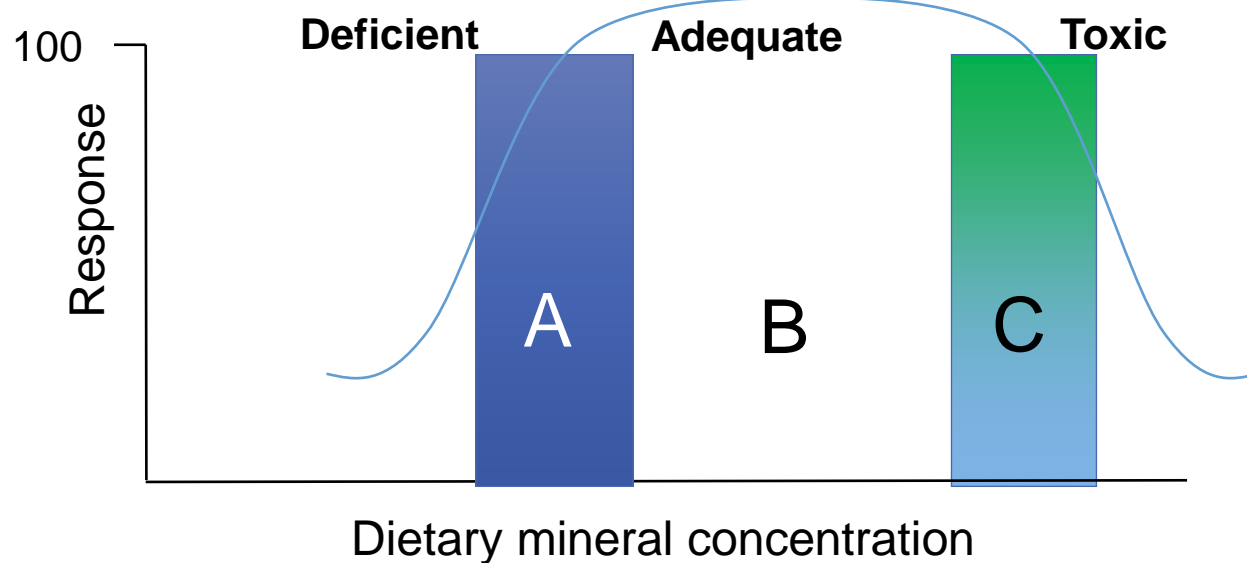
Maintenance

Lactation

Growth

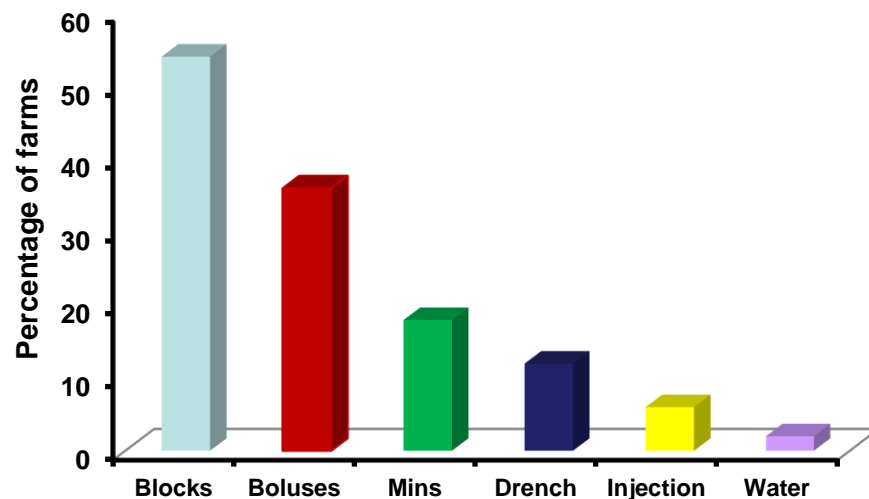
Foetus

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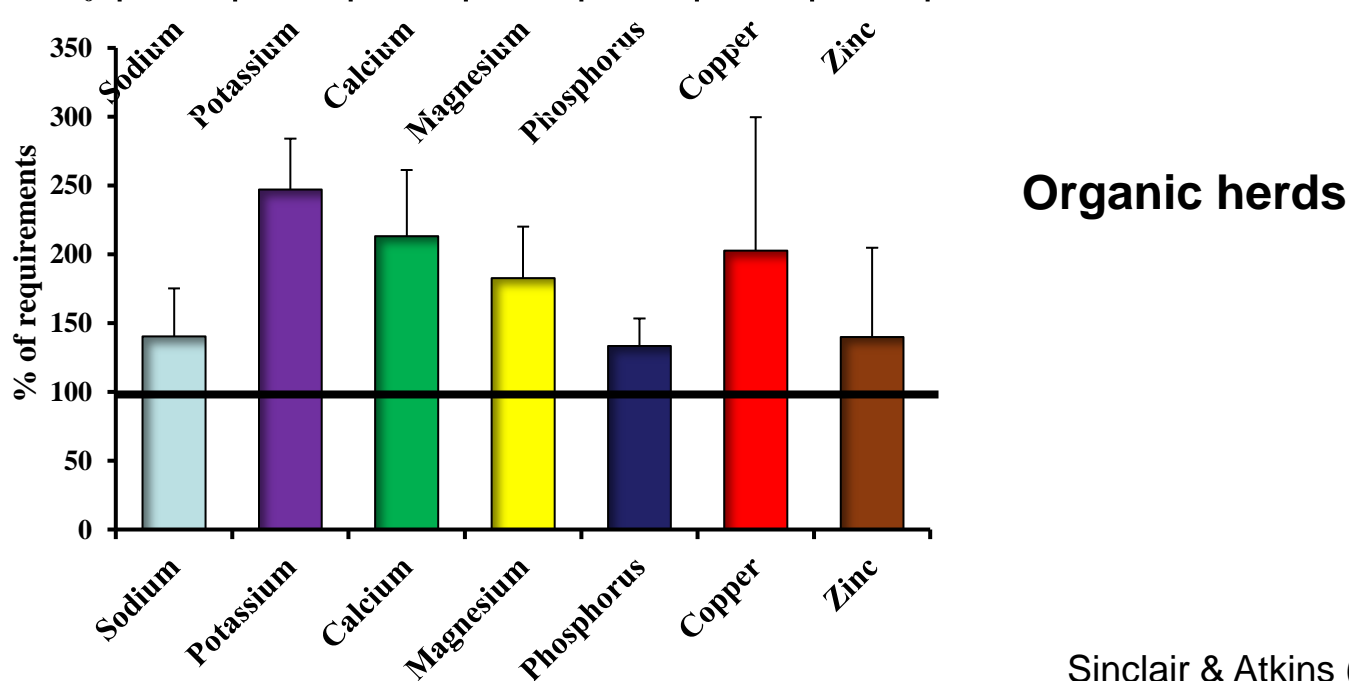
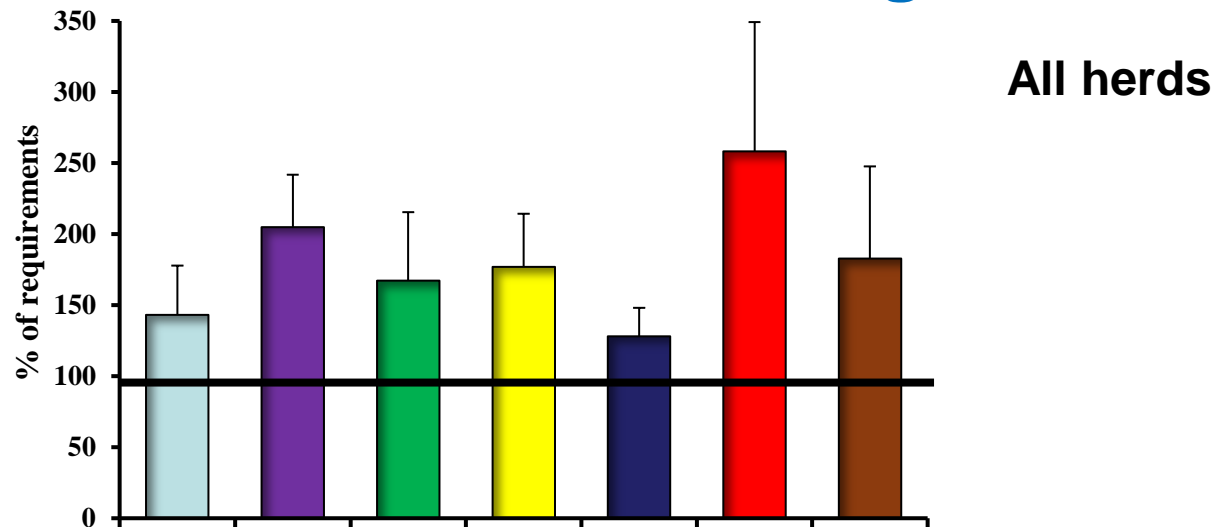


# Are we feeding enough, or too much?

- Basal point = NRC (2001/2021); AFRC (1991), ARC (1980), CSIRO (2007)
- 50 herds sampled
- Average herd size = 245 cows and yield of 7982 kg/cow
- Samples taken of TMR for lows and highs, dry, parlour concentrates, forages and water
- Details collected on supplementary mineral sources and levels.



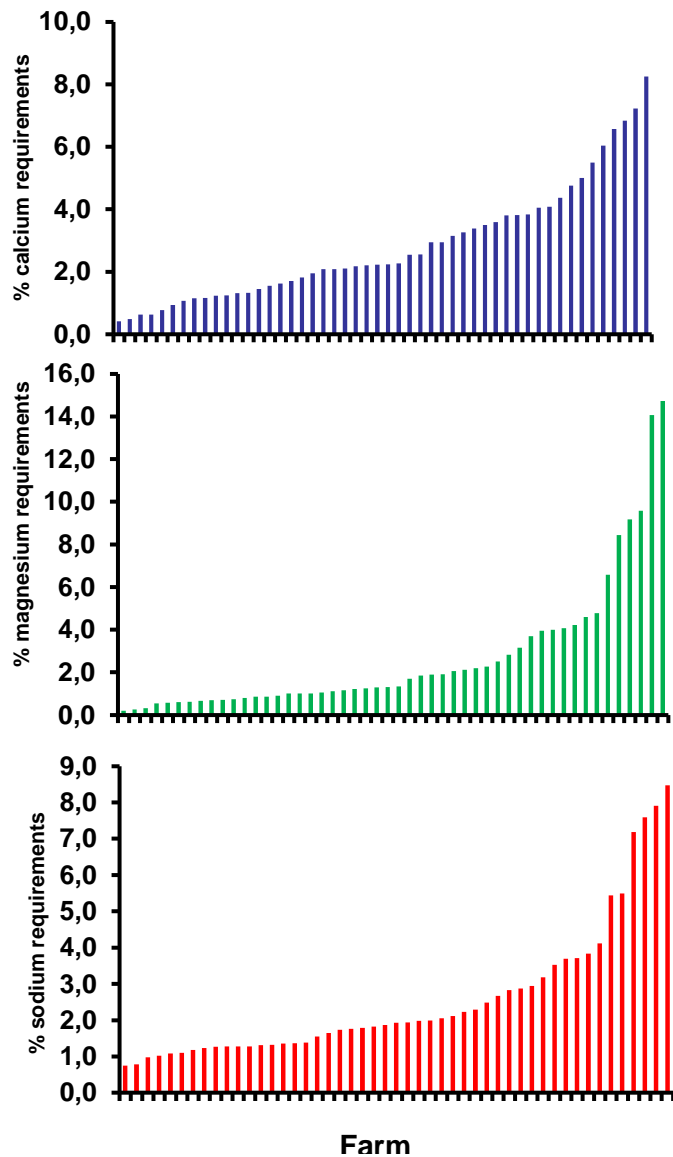
# Typical winter mineral feeding levels





# Supply of minerals through water

- Mineral content of water varied considerably
- Up to 8% of Ca reqmnts could be through the water
- Up to 15% of Mg could be through the water
- Up to 9% of sodium could be supplied through water



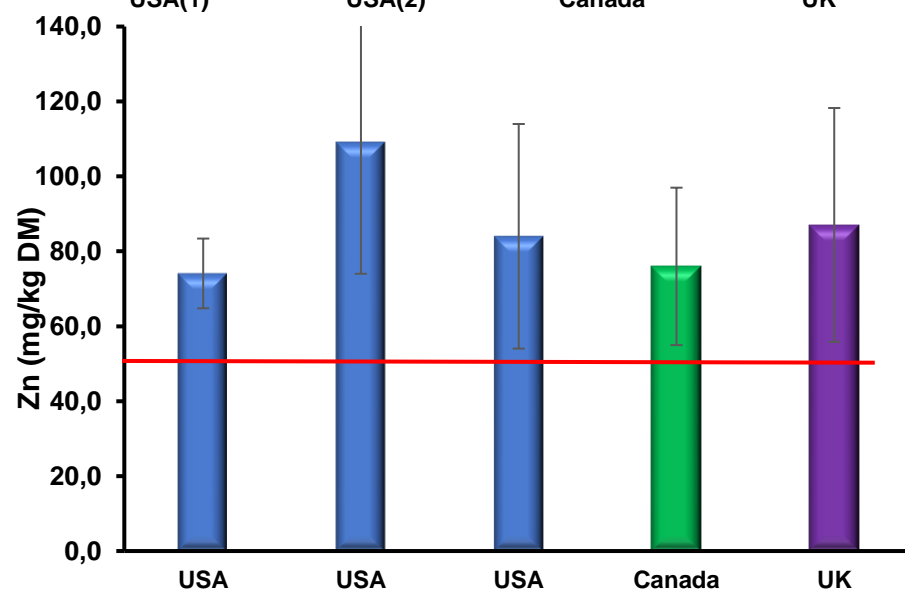
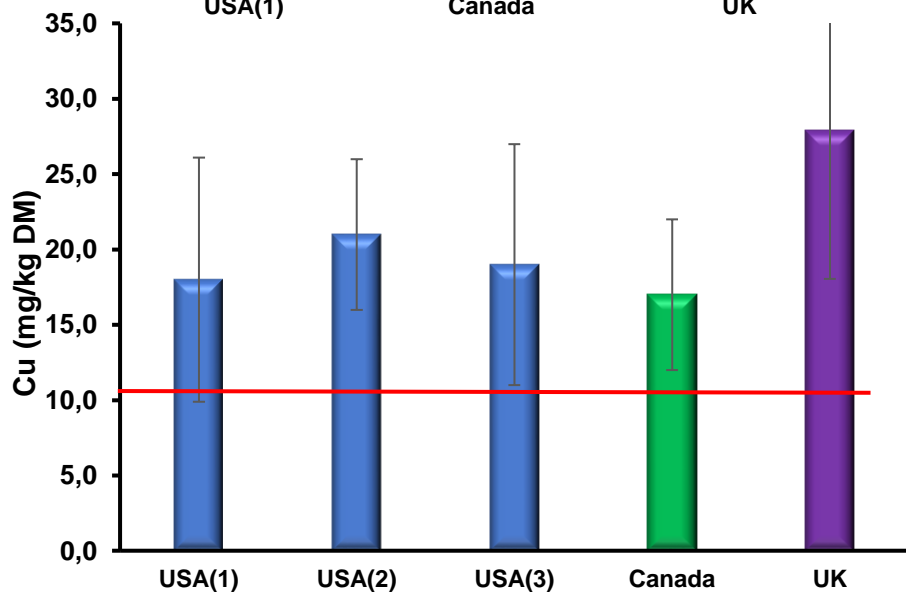
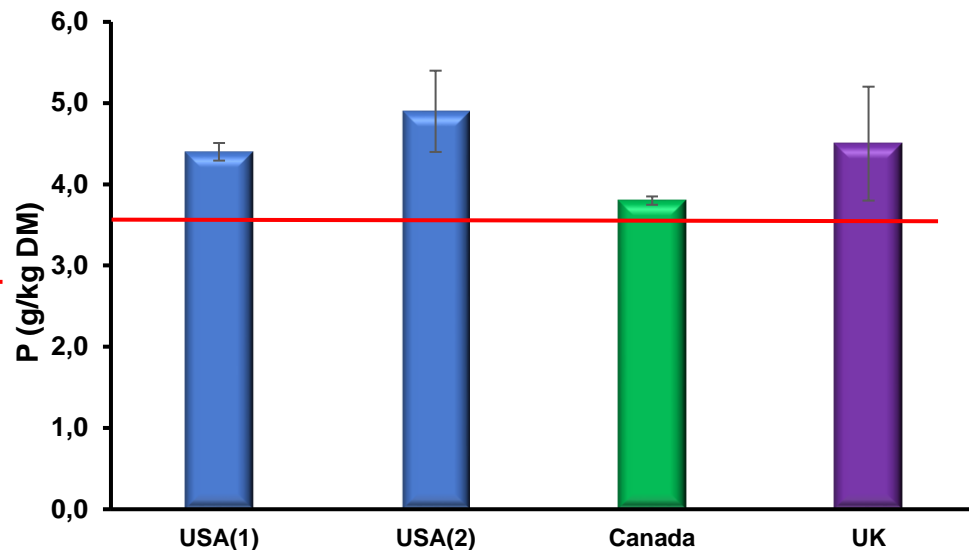
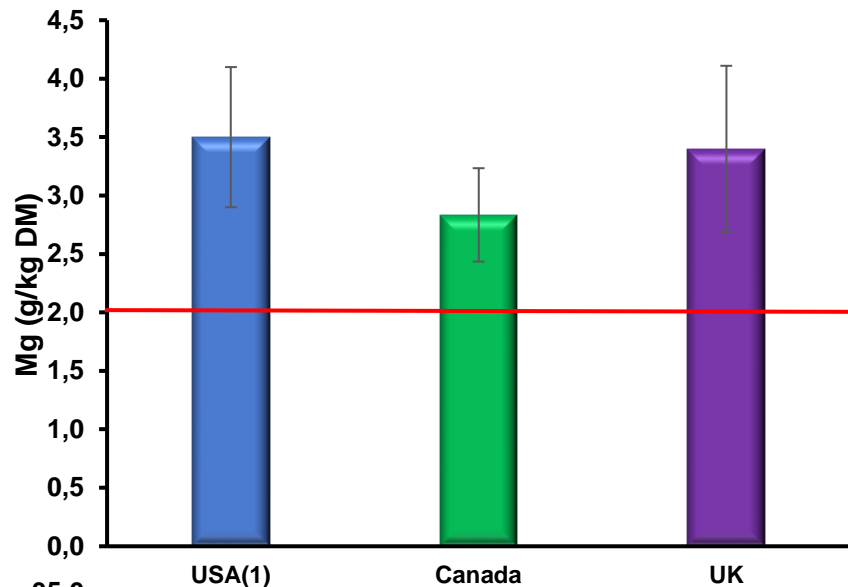
# Mean and range for macro minerals

DM basis	NRC (2001)	Mean	S.D.	Max	Min
Ca, g/kg	6.2-6.7	9.5	2.91	19.7	5.1
P, g/kg	3.2-3.8	4.2	0.71	5.8	2.6
Mg, g/kg	1.8-2.1	3.1	0.68	5.0	1.8
Na, g/kg	2.2-2.3	3.2	0.82	5.0	0.7
K, g/kg	10.0-10.7	22.6	4.24	33.8	14.6

## Mean and range for trace minerals

DM basis	NRC (2001)	Mean	S.D.	Max	Min
Cu, mg/kg	11	24.2	8.35	44.3	12.9
Zn, mg/kg	43-55	78	28.5	169	31
Fe, mg/kg	12-18	315	99.6	591	111
Mn, mg/kg	13-14	100	31.1	193	41.2
Mo, mg/kg	--	1.2	0.84	5.2	0.3
Co, mg/kg	0.11	0.59	0.35	1.99	0.11

# International feeding levels (Mg, P, Cu and Zn)



# Dairy farmer, vet and nutritionist attitudes

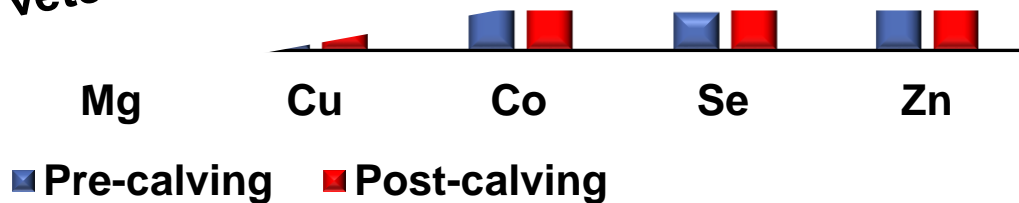
F3: 'The pre-calvers get dry cow nuts. It's all in there isn't it so I don't have to worry. Bloody dear though'



Feeding pre-calving cows > 300% recommended rate

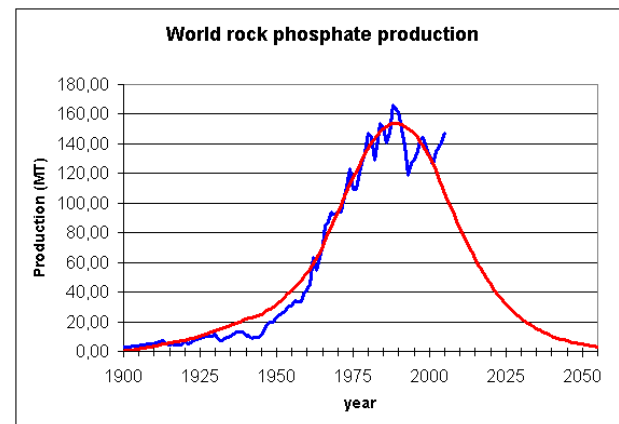
F14: "Yes, they get just under half a kilo per head a day. They also have some ad lib minerals in a tub as well...It hasn't been used too much really. You can over-supplement."

If you're selling feed minerals that are essential, and you're not calculating how much magnesium the transition cows are getting and they all die, who gets sued? (A13- mixed practice veterinarian).



# Phosphorus

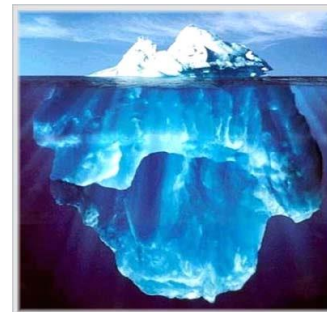
- Traditionally fed at high levels to benefit intake, milk production and reproduction
- Issues relating to cost and environmental impact
- Long term (4 yr) studies do not justify high levels of P



	4.4 g/kg DM	3.6 g/kg DM	s.e.m.
Yield, kg (year 4)	9002	8976	394.0
Fat, g/kg	39.9	40.7	1.26
Protein, g/kg	32.7	33.2	0.56
Depth of rib, mm	12.0	11.4	0.36
Faecal P output, g/d	75.0	41.2	1.31
CI, d (av. 4 lactn)	383	392	ns

# Copper: an iceberg indicator

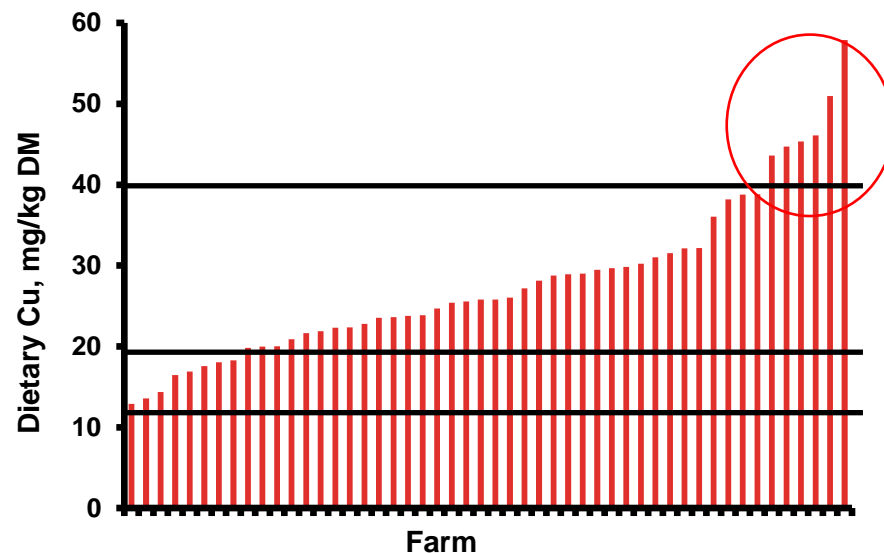
- Copper is the most common trace element deficiency in ruminants in UK
- Co-factor in 300 proteins
- Signs of deficiency include:
  - Pigmentation; Reproduction
  - Growth; Immune function;
  - Cardiac failure; Bones and joints
- Excess copper stored in liver
- 20 to 30 cases of toxicity per annum
  - Intravascular haemolysis
  - Anaemia/jaundice
  - Blood in urine
  - Dull/lethargic



# Copper feeding levels

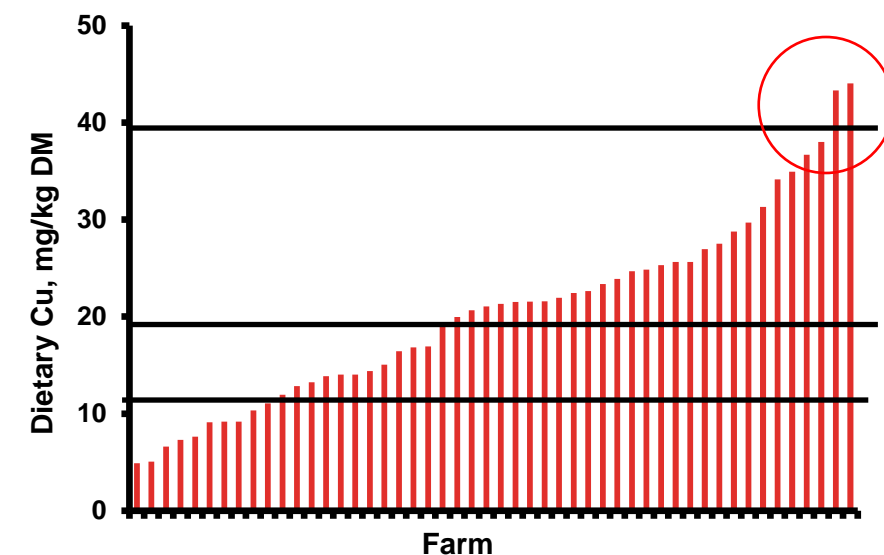
In early lactation:

- 6 out of 50 herds feeding above 40 mg/kg DM
- 40 above 20 mg/kg DM



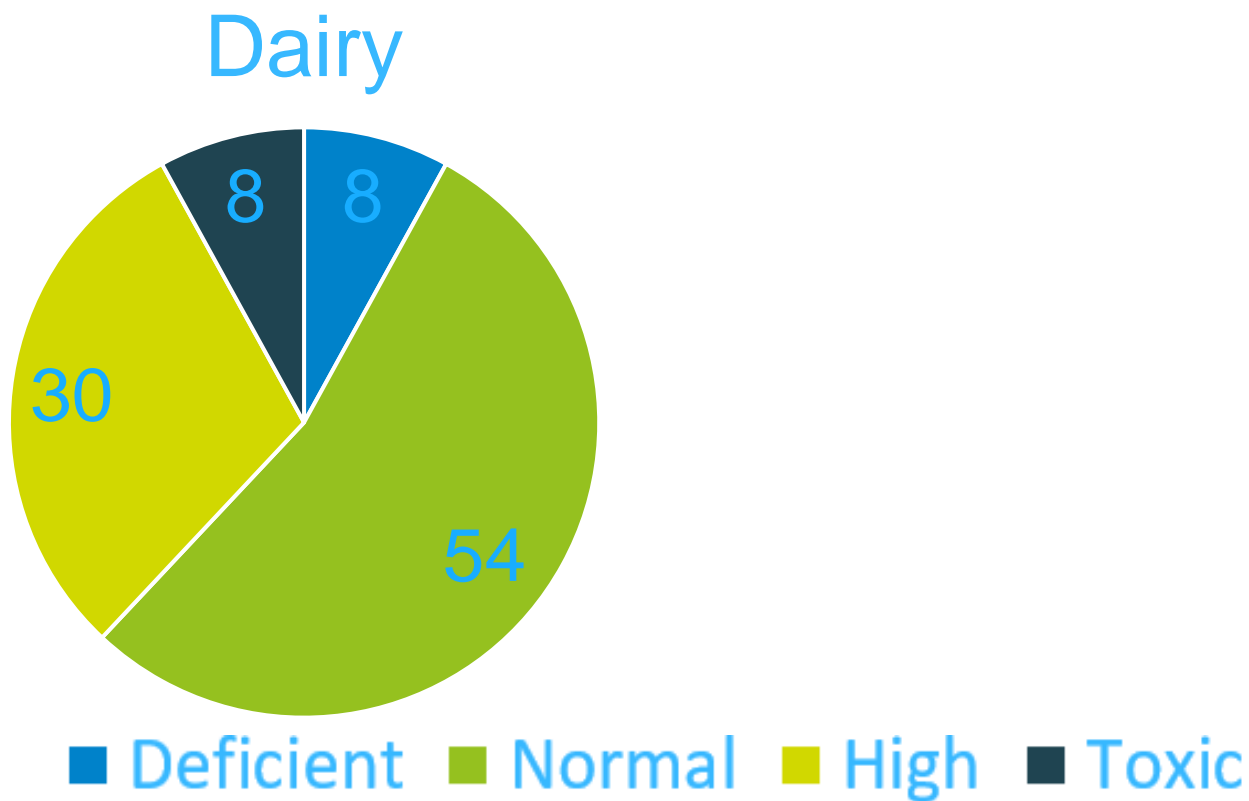
In late lactation:

- 2 out of 50 herds feeding above 40 mg/kg DM
- 27 above 20 mg/kg DM

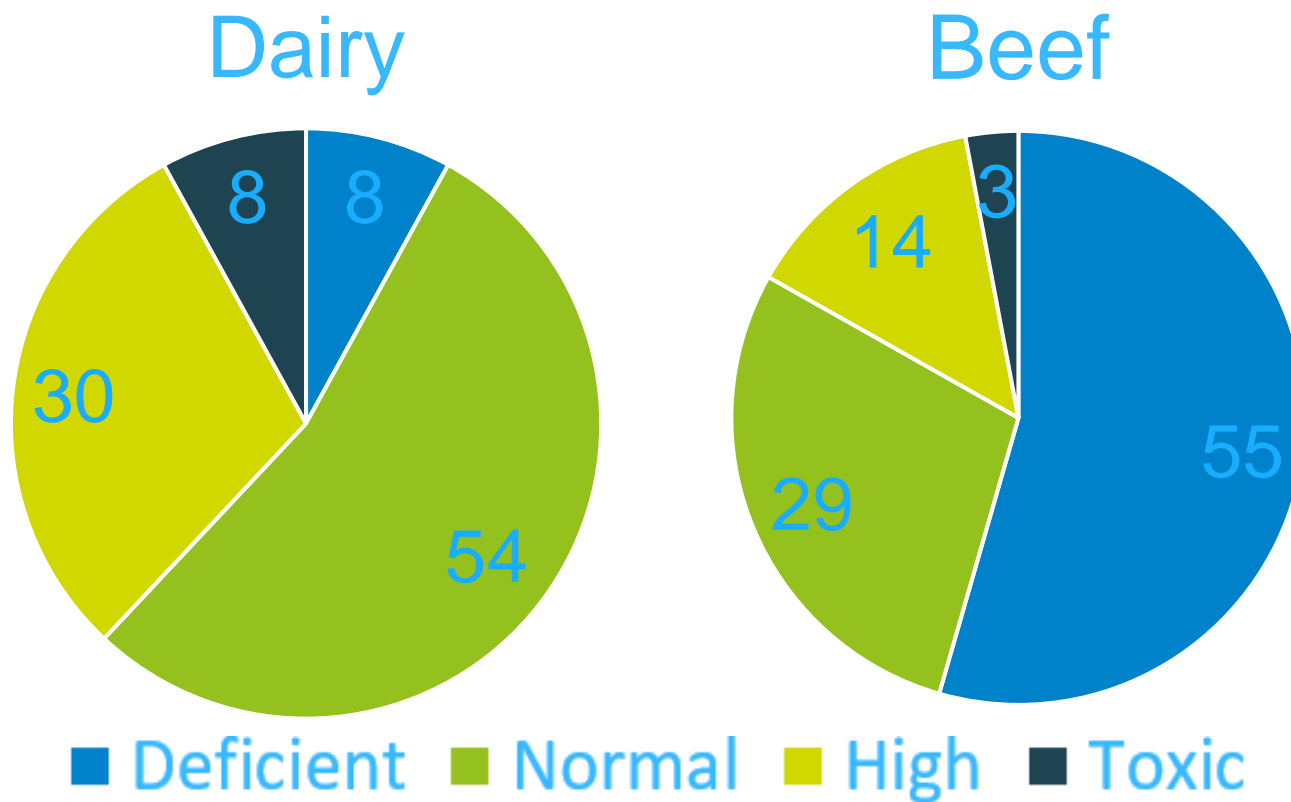




## Copper levels in 510 cull cow livers



# Copper levels in 510 cull cow livers



# We are still feeding too much!!

## CATTLE NUTRITION

### Excess dietary copper

I AM prompted to write following the recent paper in *Veterinary Record* on high liver

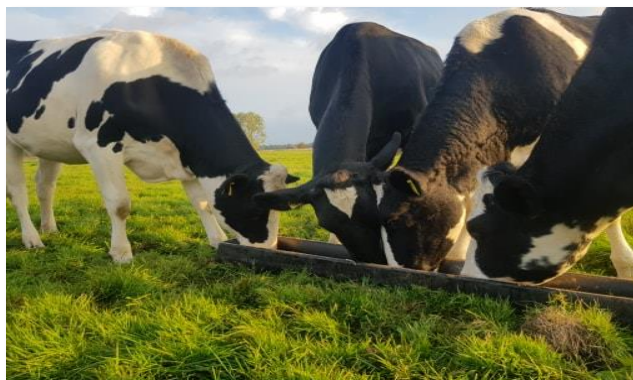
January 30, 2016 | *Veterinary Record* | 123



## Why?

- Don't know how much is fed?
- Unsure about effect of antagonists
- Feeding excess is better than too little?
- Excess feeding is OK?

# Heifer study



- 80 heifers paired at 4 months of age
- Two treatments:
  - Control- 15 mg/kg DM
  - High- 27 mg/kg DM- Cu oxide bolus
- Sampled between 4 months and ~30 months of age
  - Performance- weight, BCS, intake, milk yield
  - Liver biopsies- 7 months, 13.5 months, pre-calving, week 16 of lactation
  - Fertility- pre- and post calving
  - Immune challenge- 17.5 months & week 4 of lactation

# Over-feeding copper and performance

**Performance from 4 to 22 months of age in heifers fed a recommended (C) or high (H) Cu diet**

	Cu supplementation level		s.e.d.	Significance <sup>1</sup>
	C	H		Cu
Initial weight, kg	137	138	1.9	0.593
Final Weight, kg	527	537	7.0	0.154
Weight change, kg/day	<b>0.76</b>	<b>0.79</b>	<b>0.014</b>	<b>0.033</b>

<sup>1</sup>P values; Cu= main effect of Cu source supplementation level.

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Weight change, kg/day	<b>0.76</b>	<b>0.79</b>	<b>0.014</b>	<b>0.033</b>
Initial Body condition	2.93	2.89	0.037	0.405
Final Body condition	<b>3.01</b>	<b>3.17</b>	<b>0.063</b>	<b>0.018</b>
Body condition change	<b>0.09</b>	<b>0.26</b>	<b>0.072</b>	<b>0.025</b>

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# Maiden heifer fertility

High and low copper supplementation level on replacement dairy heifer fertility.

	Treatment <sup>1</sup>		SED	CI (95%)	P-value
	C	H			
<b>Oestrus onset, d</b>	<b>359</b>	<b>299</b>	<b>25.0</b>		<b>0.022</b>

<sup>1</sup>Treatments: Control; 15 mg Cu/kg DM, High; 27 mg Cu/kg DM



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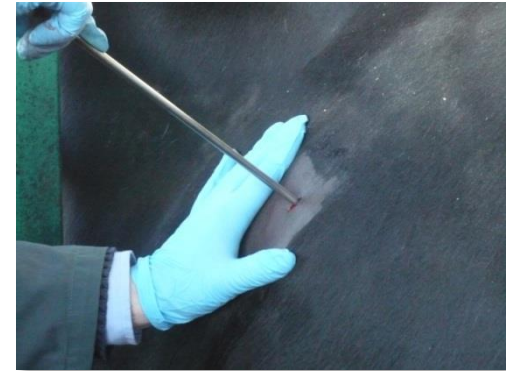
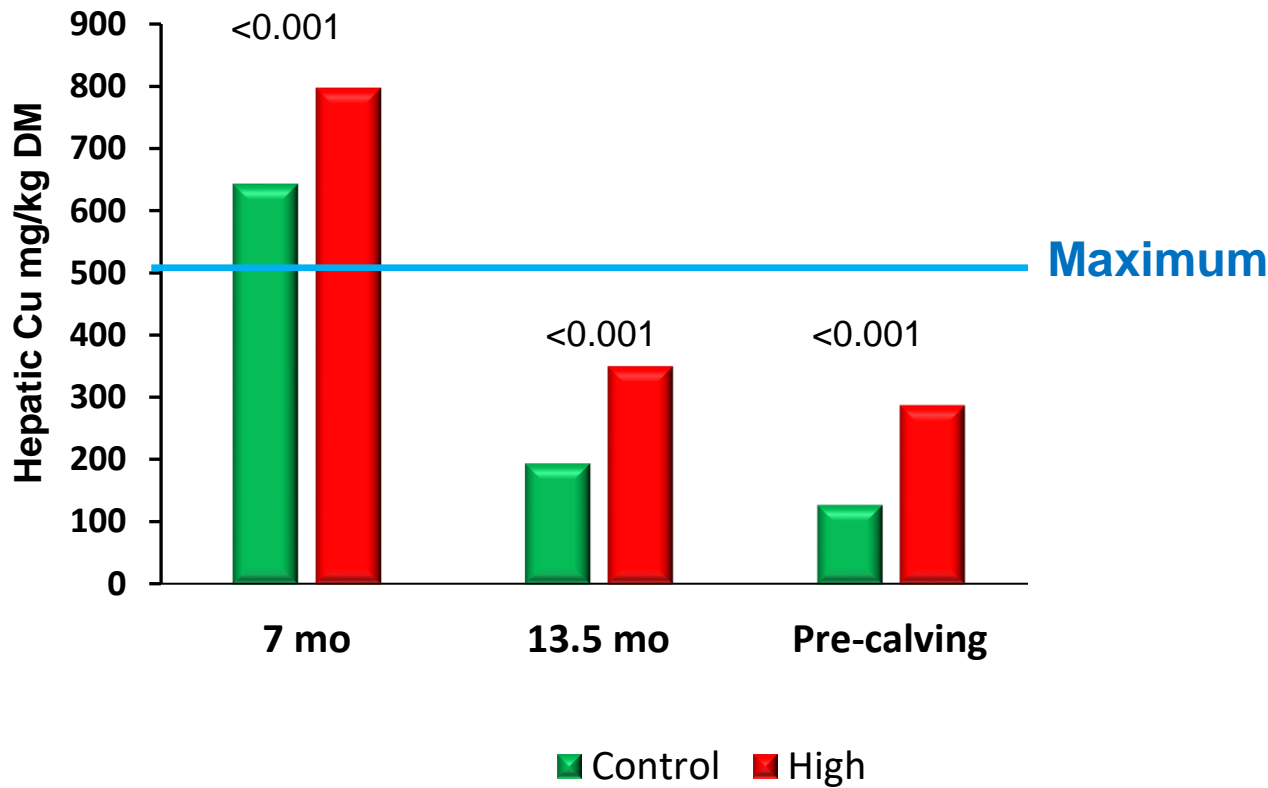
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	C	H			
<b>Oestrus onset, d</b>	<b>359</b>	<b>299</b>	<b>25.0</b>		<b>0.022</b>
<b>Services per conception</b>	<b>1.4</b>	<b>1.9</b>	<b>0.23</b>		<b>0.040</b>
Pregnancy to 1st service, %	59.4	46.9		0.44, 1.77	0.486
<b>Pregnancy to 1<sup>st</sup> and 2<sup>nd</sup> service, %</b>	<b>96.9</b>	<b>75.0</b>		<b>1.35, 6.68</b>	<b>0.008</b>

<sup>1</sup>Treatments: Control; 15 mg Cu/kg DM, High; 27 mg Cu/kg DM



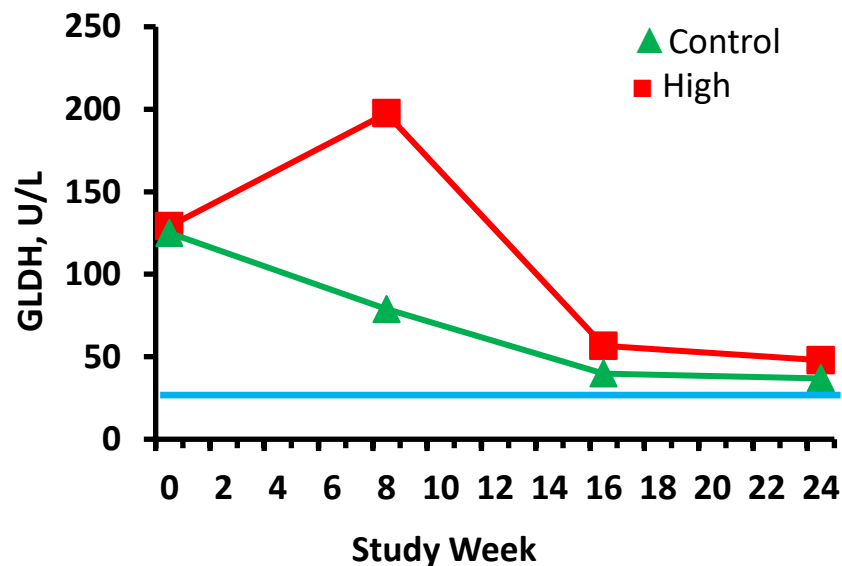


# Hepatic Cu concentration (mg/kg DM)

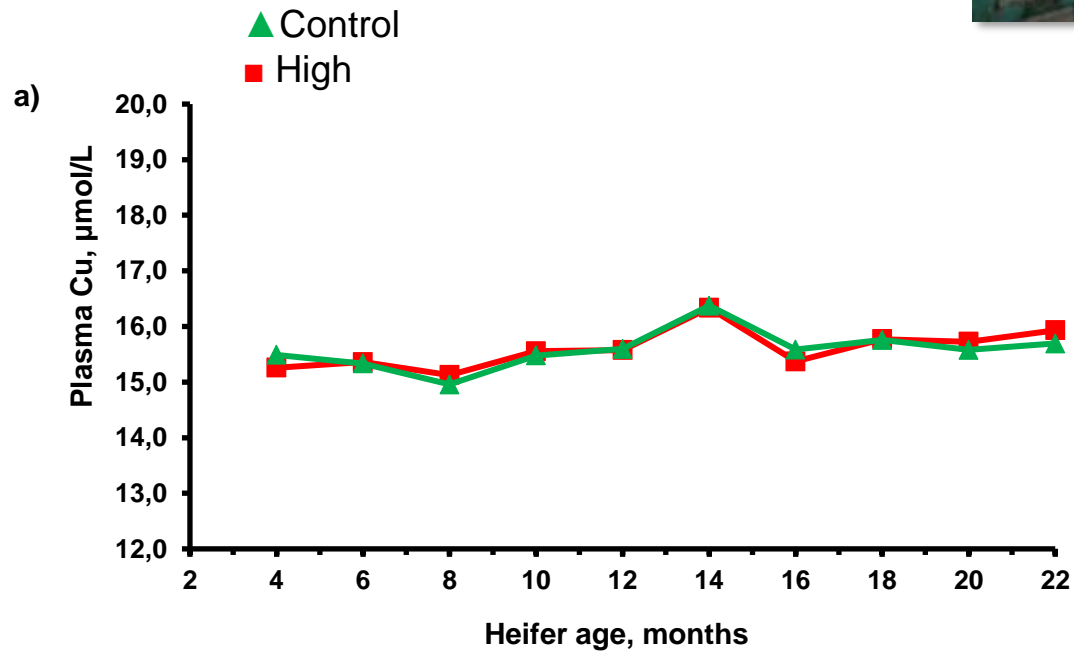


# Significant liver damage from over-feeding copper

- Indicators of liver damage (AST, GGT, GLDH) very high in all heifers
- Declined with time but remained high for longer in heifers fed high Cu



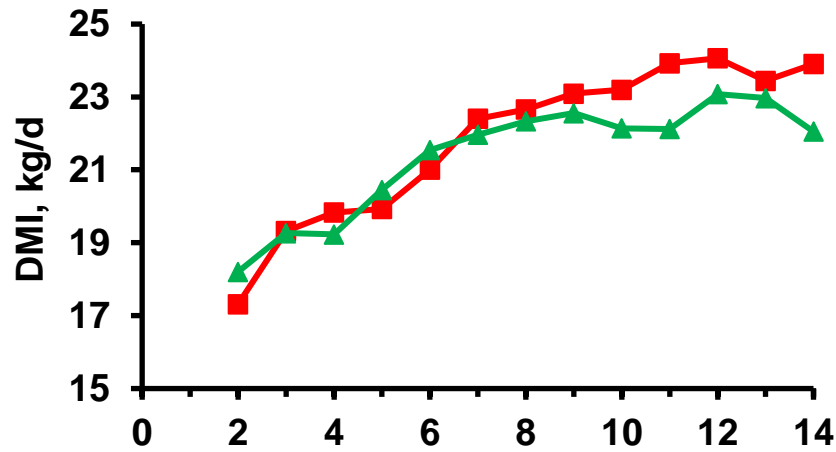
# No effect on plasma copper



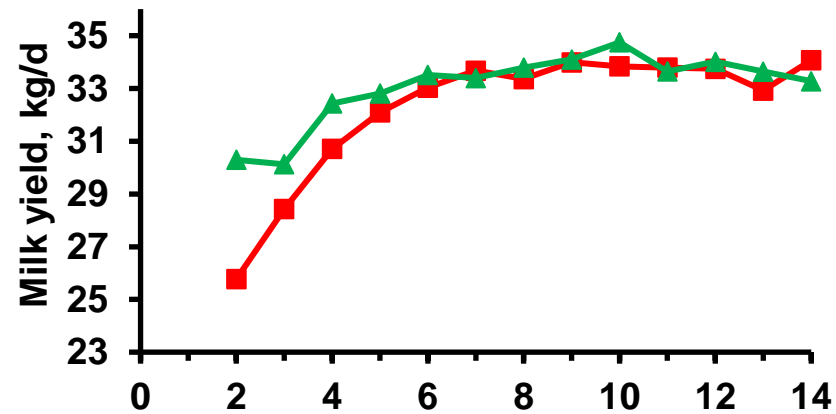
# Post-calving



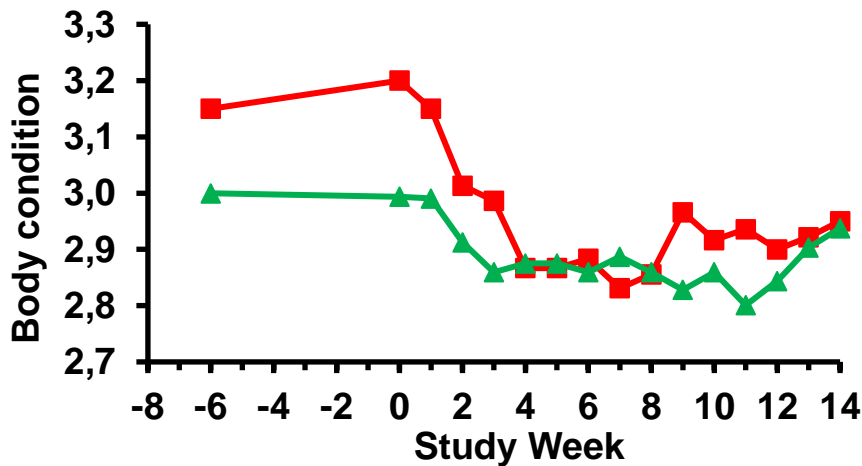
▲ Control  
■ High



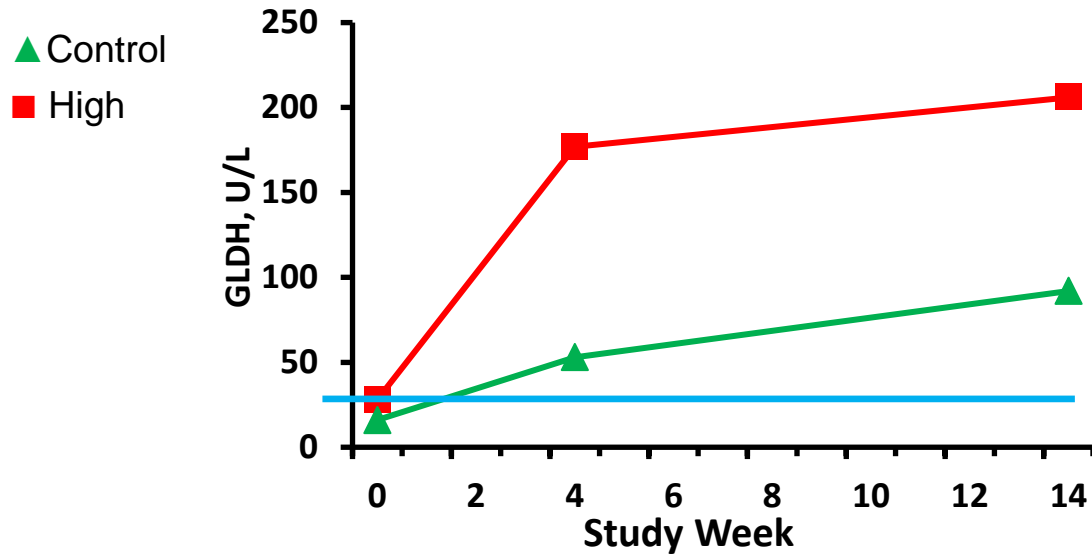
Pooled SED = 0.96. Copper, P = 0.532, time, P <0.001, copper x time, P = 0.144.



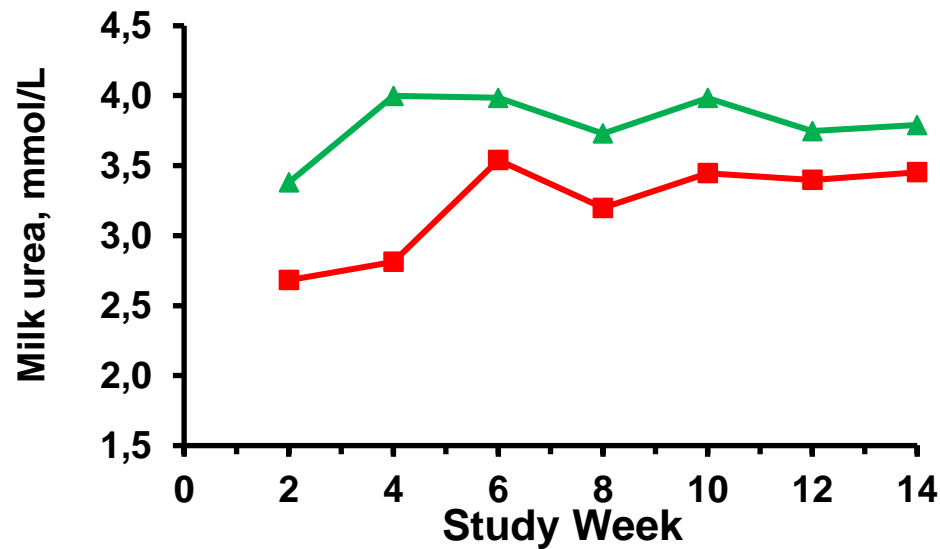
Pooled SED = 1.72. Copper, P = 0.624, time, P <0.001, copper x time, P = 0.010.



Pooled SED = 0.061. Copper, P = 0.344, time, P <0.001, copper x time, P = 0.042.

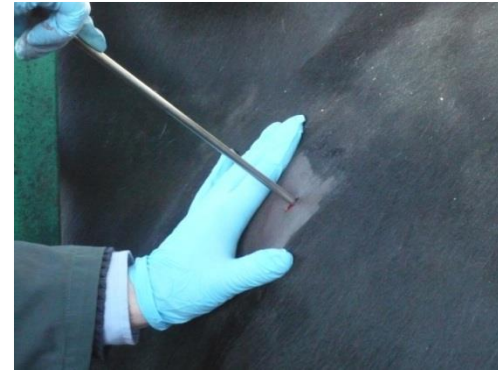
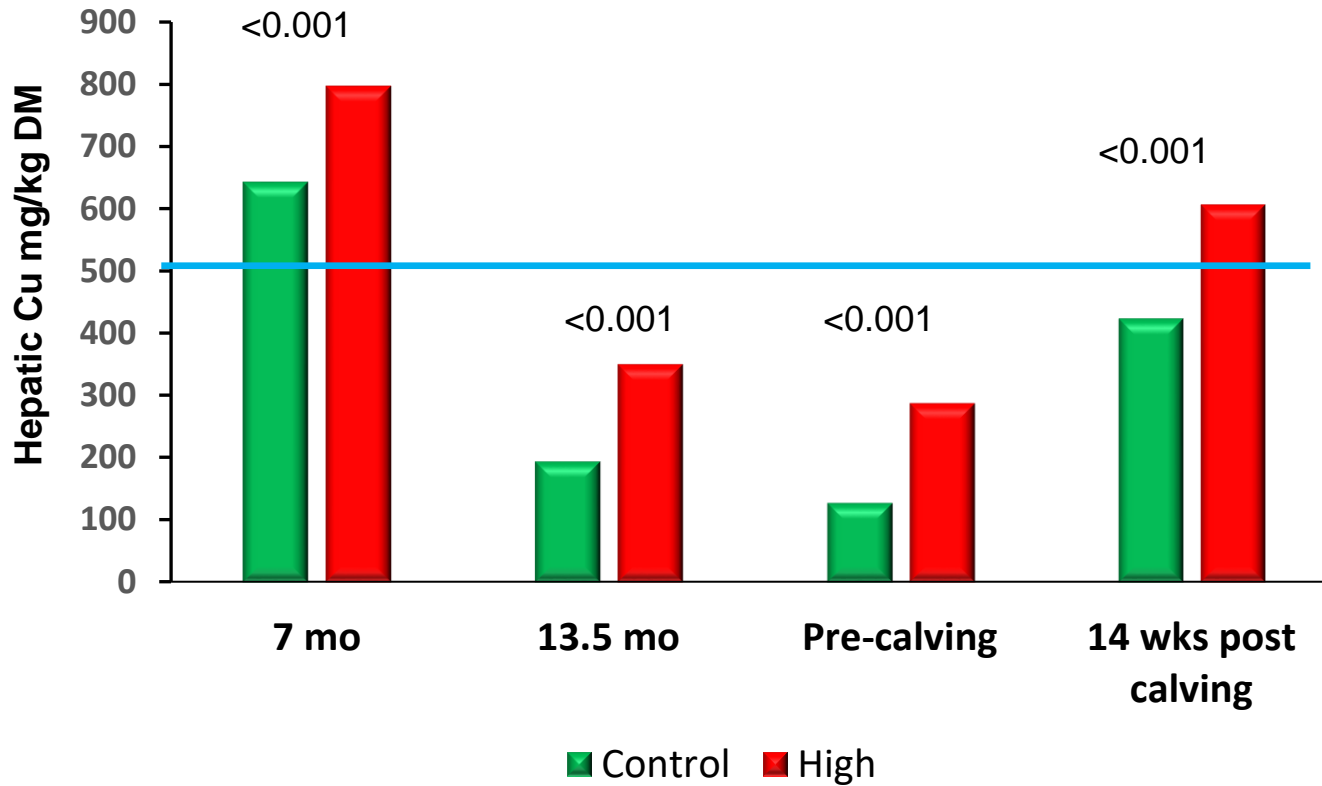


Pooled SED = 54.7 Cu = 0.042; time =  
P < 0.001; copper x time = 0.211



Pooled SED = 0.016. Copper, P = 0.006,  
time, P = 0.031, copper x time, P = 0.320.

# Hepatic Cu concentration (mg/kg DM)



# Possible benefits of over-feeding minerals?

- Action of antagonists
  - e.g. K and Mg
  - Zn and Cu
  - Sulfur/Mo and Cu
  - Iodine and goitrogens in brassicas
- Increase milk concentrations of minerals and vitamins
  - e.g. Selenium enhanced milk
  - Higher iodine concentrations
  - Vitamin B<sub>12</sub>
  - Vitamin E
- Improvement in immune response/fertility?



# What about organic/chelated minerals?

- Most mineral supplements are inorganic (e.g.  $\text{CuSO}_4$ ,  $\text{ZnO}$ )
- Naturally, minerals mainly present as part of organic compounds
- Supplements available that also supply trace minerals in organic form
  - attached to protein or amino acid
  - attached to sugar

Claimed to be more “bioavailable”, particularly in pigs and poultry

Evidence	strong	Se (e.g. Surai et al., 2019)
	increasing	Zn (e.g. Cope et al., 2009; Faulkner et al., 2017)
	poor	Cu (e.g. Sinclair et al., 2013)

## Take Home Message

- Over feeding minerals on most dairy farms:
  - often from several sources
  - often nobody knows how much is being fed
- Underfeeding minerals affects performance and health
- Over feeding minerals affects diet cost, environment and can also alter health, fertility and performance

**Analyse forage/concentrates for minerals, take all sources into account and one person responsible**

**If you don't measure it, you can't manage it**

# References

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